



**KING COUNTY ALCOHOLISM AND SUBSTANCE ABUSE  
ADMINISTRATIVE BOARD  
MEETING MINUTES  
JULY 15, 2004**

**Members Present:** Linda Brown, Joan Clement, Nancy Code, Roger Goodman, Jim Harbaugh, Larry Hill, Mary Alice Knotts, Kim Murillo, Yasmin Smith

**Members Absent:** None

**Staff Present:** Meg Lineweaver, Rhoda Naguit, Jaci Oseguera, Jim Vollendroff

**Guests Present:** Bob Akers, Bruce Mulvey, Northshore Youth Services; Anita Hidalgo, Washington Pacific Islander Families Against Substance Abuse; Gerry Coughlin, Alcohol-Drug Helpline; Stacey Devenney, Valley Cities Counseling and Consultation; Harvey Funai, Bob Leonard, Division of Alcohol and Substance Abuse; Ramona Graham, Center for Human Services; Robin Hopkins, WA State Citizen Advisory Council; Lorry Kaye, Rivervalley Counseling; Pat Knox, Recovery Centers of King County; Ann McGettigan, Cathy Speelmon, Seattle Counseling Services; Beverly Miller, MHCADSD Consultant; Susan Schoeld, Ruth Dykeman Youth and Family Services; Suzanne Wietting, Fairfax Hospital; Steven Wilson, Central Youth and Families; Tammy Wright, Auburn Youth Resource; Joan Zintak, Community Psychiatric Clinic

---

Board Chair Linda Brown convened the King County Alcoholism and Substance Abuse Administrative Board meeting at 12:02 p.m. The meeting was held at Mount Olympus Room of DASA Region IV offices, located at 400 Mercer Street, 6<sup>th</sup> floor, Seattle.

## **I. WELCOME AND INTRODUCTIONS**

Linda Brown welcomed everyone present and acknowledged the presence of representatives from CD youth provider agencies at the meeting. She asked everyone to introduce him/herself.

## **II. MINUTES**

Nancy Code made a motion, which was seconded by Joan Clement to accept the June 17, 2004 board meeting minutes as submitted. The motion was approved unanimously.

## **III. AGENCY PRESENTATION – Seattle Counseling Services (SCS)**

Ann McGettigan, Director of Seattle Counseling Services, gave a brief history of the agency and its mission. SCS started as a private, non-profit, State licensed mental health agency provider which specifically addresses the lesbian, gay, bisexual, transgender, queer, questioning and intersex (LGBTQI) concerns. When Stonewall Recovery Center (SRC) decided to close its facility, SCS graciously worked closely

with Stonewall to provide mental health services to their clients and started the process of becoming a certified chemical dependency provider in order to provide the full range of services to clients who had previously been served by Stonewall Recovery Center. Ann thanked Center for Human Services (CHS) for providing interim substance abuse treatment services to the clients during the transition period. On July 1, 2003, SCS was issued a CD certificate by the State of Washington. She also thanked the Division and particularly Jim Vollendroff for the valuable support they received during the transition period.

Ann announced that the agency has recently moved to a new location at 1216 Pine Street, 3<sup>rd</sup> floor, Seattle, WA 98104. Both the move and the ability of SCS to provide mental health and substance abuse services has increased the number of clients and the services they can provide.

The agency received funding from the Seattle-King County Department of Public Health for Project Neon. Under this project, gay and bisexual men who inject Crystal Meth receive one-on-one counseling and support services which include Harm reduction/Health education.

For the period of July 2003 to July 2004, the agency has admitted 126 unduplicated clients.

Agency staff members are cross trained to allow them to serve both mental health and chemical dependency clients.

Cathy Speelmon, SCS Chemical Dependency Supervisor, reported that the main challenges faced by the agency include the need for increased visibility in the community and the current shortage of certified CD youth counselors. It has taken the agency seven months to hire a CD youth counselor.

Cathy informed the group that the SCS offers free training to agencies that serve LGBTQI clients. Agencies are encouraged to contact her if interested.

Linda Brown and Joan Clement praised SCS and SRC for their collaborate efforts in ensuring the needs of LGBTQI clients were substantially met during the transition period following the closing of Stonewall Recovery Services.

Roger Goodman invited SCS to attend a meeting sponsored by King County Bar Association on August 9, 2004 at 4:00 p.m. in Seattle. The group is currently discussing harm reduction issue particularly for LGBTQI meth users.

#### **IV. CRIMINAL JUSTICE PRESENTATION**

Beverly Miller, Consultant for MHCADSD, gave a brief overview of the cross training provided through the Criminal Justice Initiatives. The training covers criminal

justice, mental health and chemical dependency issues. Several cross trainings have been conducted for correctional staff, judges, management staff and MH/CD professionals. A video is being developed as a training tool on the issue of eligibility and access to treatment. The training is intended to encourage cross system collaboration and communication and to reduce system barriers.

She stated that the purpose of the criminal justice initiatives is to create new treatment options for CJ clients and reduce the use of incarceration. The following handouts were provided at the meeting: A matrix of pre-existing and new programs and services, Working with People with Mental Illness Involved in the Criminal Justice System: What Mental Health Service Providers Need to Know and a flow chart on how CJ system process felony cases.

## **V. AGENCY CONCERNS**

Gerry Coughlin of Alcohol-Drug Helpline extended an invitation to the 25<sup>th</sup> anniversary celebration of the Alcohol/Drug Helpline on Sunday, October 3, 2004 at 12 noon to 4 p.m.

Pat Knox, CEO of Recovery Centers of King County (RCKC), asked the board for a letter of support endorsing the agency's request to DASA to utilize the 24 intensive beds awarded to them by DASA as follows: 12 for ADATSA and 12 for Drug Court. The letter should be addressed to Fred Garcia of DASA with copies to Harvey Funai and Bob Leonard. Joan Clement made a motion, which was seconded by Jim Harbaugh to provide a letter of support for 12 ADATSA beds and 12 Drug Court beds for RCKC. The motion was passed unanimously.

Pat also announced the re-opening of RCKC Kent facility on July 12, 2004. There are 16 allocated Title XIX beds in the facility. They will also provide medical detox.

Suzanne Wietting of Fairfax Hospital stated that the CD Manager position at Fairfax has not been filled. If anyone has a referral for this position, please contact Suzanne Wietting at Fairfax Hospital.

## **VI. BOARD CHAIR'S REPORT**

### **A. County Council Confirmation of Mary Alice Knotts**

Mary Alice Knotts appeared before the Law, Justice, and Human Services Committee of the County Council this morning and was recommended for appointment. The recommendation will be forwarded to the full Council for approval. Council members Kathy Lambert and Larry Gossett asked about issues the Board is working on and expressed interest in supporting Board efforts to address the shortage of certified CD counselors.

### **B. MHCADSD Exemplary Award**

Submission of nomination for Exemplary Award sponsored by King County Mental Health, Chemical Abuse and Dependency Services is July 25, 2004. If board members have any ideas for nominations, they were asked to email it to Linda as soon as possible since it is a very short time frame. The Board would like to assist agencies with nominations in any way possible.

### **B. Proposed Board Planning Retreat Agenda**

The Board Planning Retreat will be on September 23, 2004 at 4:30 p.m. to 8:00 p.m. at the Dutch Shisler Sobering Service Center.

The following is a proposed agenda for the board planning retreat:

- Needs Assessment Process
- CD Performance Indicator Report
- Review of the CD Counselor Shortage Issue Task Force Report
- Recovery School for Youth - Yasmin Smith

### **C. Prevention and Treatment Unification Update**

Negotiation regarding the integration of prevention and treatment program continues. Update will be provided next month.

### **D. Board Membership Update**

Linda solicited assistance from the Chemical Dependency service provider agencies in recruiting potential candidates for membership with the King County Alcoholism and Substance Abuse Administrative Board. Referrals could be coursed through her or Rhoda Naguit.

Linda Brown's term with the board will expire on July 30, 2004. She has expressed her willingness to be re-appointed to the board. Roger Goodman made a motion that was seconded by Nancy Code to recommend the re-appointment of Linda Brown to the board. The motion was passed unanimously.

### **E. Liaison Report**

#### **Joan Clement: Chronic Populations Action Council (CPAC)**

At the last CPAC meeting, the group had a brainstorming session on issues pertaining to providing continuum of housing, CD/MH involuntary commitment, SSI as a system issue and CD services as an entitlement in Medicaid.

### **Roger Goodman: Legislative Advocacy and Public Affairs Committee**

At the last Legislative Advocacy and Public Affairs Committee meeting, the group discussed further the September 2004 Recovery Month activities. A recovery focused workshop/seminar will be held in conjunction with the Exemplary Services Awards on September 28<sup>th</sup>.

Plans are being made to develop a Recovery Garden. Suzanne Weitting is leading this effort and will work with the Legislative Advocacy and Public Affairs and others in this effort. As the plans develop, the State, King County and City of Seattle will be asked to make land available for a public Recovery Garden.

This year's Joint MH/CD Legislative Forum will be held on December 9<sup>th</sup>. The format of the forum this year will be focused on dialogue between legislators. Legislators will be given an opportunity to address MH/CD issues with their fellow legislators. CD issues to be presented at the forum have not been completely identified at this point.

Jim Vollendroff and Harvey Funai are working together to ensure the attendance of CD provider agency representatives and clients at this forum.

### **Yasmin Smith: CD Youth Providers**

Yasmin was unable to attend today's CD Youth Providers so did not have a report. She briefly reported on a school based Recovery School for kids, which is currently being implemented at Marshall High School and asked the Board to consider supporting something like this in other schools and the possibility of a special school based principles for recovery. Given the importance and complexity of the ideas she presented, Linda suggested that the ideas be put on the agenda for the Board Retreat in September. She also asked Yasmin if you could draft a statement on her ideas of a Recovery School for kids and email it to her or Rhoda Naguit for inclusion in materials for the retreat.

### **Linda Brown: King County Mental Health Advisory Board**

The board discussed extensively the issue of mental health budget. The King County Mental Health program as well as other programs in the state is in financial crisis.

Linda stated that although the CD budget situation is not as severe as mental health, CD programs are still underfunded. Therefore, it is important that the board ensure that CD needs are visible to the public and the legislators. She asked Board members to remain vigilant for opportunities to make the public and legislators of both the effectiveness and needs of chemical dependency services.

## **VII. A/D COORDINATOR'S REPORT**

### **A. GAIN Update**

Two Division Staff, Dean Braxton and Winnie Ng, are close to acquiring certification as GAIN trainers. There will be a formal presentation of GAIN Assessment Tool at next month's board meeting.

### **B. Rate Reimbursement Study**

Jim is still working with Snohomish and Pierce county coordinators in looking at the issue of rate reimbursement for non-Medicaid clients. Update to be provided next month.

### **C. Criminal Justice Treatment Account**

A total funding of \$760,000 is received annually from the criminal justice treatment account. Out of this amount, \$500,000 has been spent in the first year of the biennium. Some of the underexpended funds will be used for residential treatment of drug court clients at RCKC.

There being no further business, the meeting was adjourned at 1:30p.m.

Prepared by:

Attested by:

Rhoda A. Naguit  
Recording Secretary

Linda Brown  
Board Chair